#### Cazenovia School District

#### **Meal Modifications:**

Cazenovia School District strives to support all students' needs and recognize that meal modifications may be required based on dietary needs.

## **Special Dietary Restrictions:**

Federal laws and regulations require public schools to provide meal modifications through the cafeteria service, at no additional cost, to children whose disability restricts their diet.

A student with a disability is defined in **7CFR Part15b.3** of federal regulations as one who has a physical impairment which substantially limits one or more major life activities of the individual. Major life activities include, but are not limited to caring for one's self, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating and working.

### **Food Allergies**

A food allergy will generally be considered a disability. Under the definition of disability in the ADA, a food allergy does not need to be life-threatening or cause anaphylaxis in order to be considered a disability. A non-life-threatening allergy may be considered a disability and require a meal modification, if it impacts a major bodily function or other major life activity (such as digestion, respiration, immune response, skin rash, etc.).

# How to request meal accommodations for your child

All meal modifications will be handled on a case by case basis. Medically necessary or allergy- related meal accommodations will be made only after written documentation from a recognized medical authority is submitted to the health office at your child's school. The required documentation must state the need for accommodations and recommend alternate foods. The document will then be shared with the food service department.

For further information regarding meal modifications, including how to file a grievance, please contact either Katy Pushlar 315-655-1332 (<a href="mailto:kpushlar@caz.cny.ric.org">kpushlar@caz.cny.ric.org</a>) or Charlene Grimes 315-655-5346 (<a href="mailto:cgrimes@caz.cnyric.org">cgrimes@caz.cnyric.org</a>)