



BREAKFAST

OCTOBER 2025

Monday

Tuesday

Wednesday

Thursday

Friday

ASSORTED MUFFINS **6**
CHEESE STICK
GRAHAM CRACKER
VEGGIE, FRUIT
MILK, JUICE

BREAKFAST PIZZA **7**
FRUIT
VEGGIE
MILK
JUICE

LAKER MUFFIN **1**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED CEREAL **2**
CHEESE STICK
GRAHAM CRACKER
FRUIT, VEGGIE
MILK, JUICE

LAKER MUFFIN **3**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

LAKER MUFFIN **8**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED CEREAL **9**
CHEESE STICK
GRAHAM CRACKER
FRUIT, VEGGIE
MILK, JUICE

LAKER MUFFIN **10**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

13
NO SCHOOL

BREAKFAST PIZZA **14**
FRUIT
VEGGIE
MILK
JUICE

LAKER MUFFIN **15**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED CEREAL **16**
CHEESE STICK
GRAHAM CRACKER
FRUIT, VEGGIE
MILK, JUICE

LAKER MUFFIN **17**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED MUFFINS **20**
CHEESE STICK
GRAHAM CRACKER
VEGGIE, FRUIT
MILK, JUICE

BREAKFAST PIZZA **21**
FRUIT
VEGGIE
MILK
JUICE

LAKER MUFFIN **22**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED CEREAL **23**
CHEESE STICK
GRAHAM CRACKER
FRUIT, VEGGIE
MILK, JUICE

LAKER MUFFIN **24**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED MUFFINS **27**
CHEESE STICK
GRAHAM CRACKER
VEGGIE, FRUIT
MILK, JUICE

BREAKFAST PIZZA **28**
FRUIT
VEGGIE
MILK
JUICE

LAKER MUFFIN **29**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE

ASSORTED CEREAL **30**
CHEESE STICK
GRAHAM CRACKER
FRUIT, VEGGIE
MILK, JUICE

LAKER MUFFIN **31**
EGG, CHEESE, SAUSAGE
VEGGIE, FRUIT
MILK
JUICE



AVAILABLE EVERYDAY: ASSORTED CEREAL, ASSORTED MUFFINS, STRING CHEESE, FRESH VEGGIE STICKS, FRESH FRUIT, JUICE, 1% MILK
GLUTEN FREE OPTIONS TOO. PLEASE CONTACT ME ON GLUTEN FREE ITEMS